

| Founder's Lunch Menu       |                   |  |             |   |                   |  |          |  |                   |   |  |
|----------------------------|-------------------|--|-------------|---|-------------------|--|----------|--|-------------------|---|--|
| Menu Course                |                   | Monday   |             | Tuesday   |                   | Wednesday  |          | Thursday   |                   | Friday  |  |
| Soup Station  LAT WELL     | Everyday          | Tomato and Basil Soup  Bread Roll Selection  Butter Portion  Flora Portion   | AT WELL     | Leek and Potato Soup  Bread Roll Selection  Butter Portion  Flora Portion           | Everyday Value    | Carrot & Coriander Soup  Bread Roll Selection  Butter Portion  Flora Portion                               | EAT WELL | Roasted Mushroom Soup  Bread Roll Selection  Butter Portion  Flora Portion   | Everyday<br>Value | Vegetable Soup Bread Roll Selection Butter Portion Flora Portion                      |  |
| International Food Counter |                   | American Bar - selection of Americ<br>inspired dishes eg<br>Southern fried chicken<br>Macaroni cheese  | an          | Spice bar - selection<br>of curries or chillies                                     |                   | Roast / carvery bar - selection of roasts with all the trimmings Yorkshire Pudding Selection of vegetables |          | Italian bar  Selection of pizza and pasta dishes eg Lasagne Baked gnocchi with tomato sauce Pasta with vegan meatballs in a tomato sauce |                   | Fish and chips bar  Battered halal sausage All steak pie Battered tofu fillet         |  |
| Hot Grab & Go              | Everyday<br>Value | Beef burger with cheese and accompaniments (halal) Chicken Burger with Cheese and Accompaniments (halal) Vegan Burger with Cheese and Accompaniments Beer Battered Onion Rings | Every Value |   | Everyday<br>Value | Roast Filled Baguettes  Roast filled Yorkshire Pudding w  Feta and Herb Filo tart  Stuffed mushroom        | Vraps    |  | Everyday<br>Value | Pickled Egg<br>Pickled Onion  |  |
| Salads                     | EAT WELL          | Chips  January Salad Bar   | EAT WELL    | January Salad Bar   | EAT WELL          | January Salad Bar  | EAT WELL | January Salad Bar  | EAT WELL          | January Salad Bar   |  |
| Cold Dessert               | EAT WELL          | Nutella Cheesecake  Watermelon Pot  Honeydew Melon Pot  Strawberry Pot  Pineapple Pot  | SAT WELL    | Raspberry Cheesecake Watermelon Pot Honeydew Melon Pot Strawberry Pot Pineapple Pot | EAT WELL          | Nutella Cheesecake  Watermelon Pot  Honeydew Melon Pot  Strawberry Pot  Pineapple Pot                      | EAT WELL | Raspberry Cheesecake  Watermelon Pot  Honeydew Melon Pot  Strawberry Pot  Pineapple Pot  | EAT WELL          | Nutella Cheesecake  Watermelon Pot  Honeydew Melon Pot  Strawberry Pot  Pineapple Pot |  |





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