

Department of Health Studies

About the department

As a young department, we're excited to build on established world-class research and interdisciplinary collaborations at Royal Holloway and develop new areas of growth with leading experts in health and environmental sectors. These include Royal Botanic Gardens, Kew and the Harvard-led Planetary Health Alliance, Northern European Hub. Our focus is on the wellbeing of people and the environment, engaging with fundamental challenges and building healthy and resilient communities. We aim to deliver a portfolio of undergraduate and postgraduate degrees with flexible, student-led provision and opportunities to experience real life, challenge led placements.

Our students will develop their knowledge, networks and transferable skills to become leaders, innovators and influencers across boundaries. As graduates they will be equipped with a robust understanding of the links between healthy environments and healthy people, and the value of good health to national and global economies.

Entry requirements

The courses listed below are open to all Study Abroad, International and European Exchange students, subject to any required previous knowledge or qualifications, as stated in the course outlines below.

Each module is either 15 or 30 UK credits (7.5 or 15 ECTS) and starts in either the Autumn Term 1 (September) or the Spring Term 2 (January).

The information contained in the course outlines on the following pages is correct at the time of publication but may be subject to change as part of our policy of continuous improvement and development.



[royalholloway.ac.uk/Health Studies](https://royalholloway.ac.uk/Health_Studies)



ROYAL
HOLLOWAY
UNIVERSITY
OF LONDON

Course options for visiting students 2025-26

Course code	Course name	UK Credits	Run Time	Course description/pre-requisites
HE1000	Determinants of Health	15	Term 1	Syllabus Information Determinants of health including the environment.
HE1001	Health Systems and QI Framework	15	Term 2	Syllabus Information Health systems (UK and global), quality improvement in health.
HE1002	Health Workforce	30	Term 1 or term 2	Syllabus Information Explores the different professions, regulations, competencies and responsibilities.
HE1003	Introduction to Human Science	30	Term 1 or term 2	Syllabus Information Anatomy, physiology and psychology theory.
HE1004	Professional Placement 1 – Developing self	30	Summer	Syllabus Information Active and critical reflection of learning experiences with targets for the development of own professional career pathway
HE2000	Evaluating Evidence	15	Term 2	Syllabus Information Purpose and process of research and role of evidence-based practice.
HE2001	Health Policy	15	Term 2	Syllabus Information Purpose and process of policy making in the UK. Role and impact of policy initiatives on population health.
HE2002	Health Promotion and protection Frameworks	15	Term 1	Syllabus Information Public and environmental health promotion concepts and approaches
HE2003	Interagency working and ethics	15	Term 2	Syllabus Information Benefits, challenges, processes and skills for collaborative working
HE2004	Professional Placement 2 (Navigating Systems)	30	Summer	Syllabus Information Active and critical reflection of learning experiences with targets for the development of own professional career pathway.
HE2005	Physical and Mental Health Conditions	15	Term 1	Syllabus Information Physical and mental health conditions and the impact of the environment on health and lifestyle behaviours.
HE2006	Sustainable Living	15	Term 1	Syllabus Information Concepts of sustainability in health systems, social, cultural and human-environment interaction contexts.

Course options for visiting students 2025-26

Course code	Course name	UK Credits	Run Time	Course description/pre-requisites
HE3000	Determinants of Health	15	Term 2	Link to Syllabus Organisational culture, change management and innovation.
HE3001	Health Inequalities	15	Term 2	Link to Syllabus The impact of health policy, health care systems and society on health inequities.
HE3002	Independent Research	30	Term 2	Link to Syllabus Research Project.
HE3003	Leadership and Management in Health	15	Term 2	Link to Syllabus (hyperlink to relevant up-to-date page) Pre-requisites MT2630 or equivalent
HE3004	Professional Placement 3 (Leading teams)	30	Summer	Link to Syllabus Development towards a future career pathway.
HE3005	Population Wellbeing and Risk	15	Term 1	Link to Syllabus Current issues and theoretical concepts in risk factors in population health and wellbeing.
HE3006	Research Methods Qualitative	15	Term 1	Link to Syllabus Research methods
HE3007	Research Methods Quantative	15	Term 1	Link to Syllabus Research methods



[royalholloway.ac.uk/Health Studies](https://royalholloway.ac.uk/Health_Studies)



ROYAL
HOLLOWAY
UNIVERSITY
OF LONDON